



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (Group 2) 8:45am to 2:45pm	PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (G1) 8:45am to 11:45am PRESCHOOL (G2) 12:00pm to 3:00pm	PRESCHOOL (Group 2) 8:45am to 2:45pm
OCCASIONAL CARE Under 2's and over 2's 8:45am– 11:45am	OCCASIONAL CARE Over 2 years 8:45am– 11:45am	Mums, Bubs & Yoga  Yogi Generation Starting Wednesday 13th May 10:00am—11:00am (6 weeks) Treat yourself and your baby by joining us on our journey of strengthening the body and the bond while connecting with other mums and bubs in your community. Rachel 0448 832 580	OCCASIONAL CARE Under 2's and over 2's 8:45am– 11:45am Over 2's Only 12:00pm—3:00pm	MIDBT Referrals through Lives Lived Well
Mini Wiggle with Mel Greison 5 weeks/ 0-2 years Monday 4th May 10:30am - 11:30am Let's Dance, Sing, Explore and Connect  Rachel 0448 832 580	Baby Playgroup with Kerriane Starts Tuesday 28th April 0-18 months 1:00pm - 2:00pm Meet other Mother's in a safe, inclusive space.  Kerriane 0417 138 870	Connect & Unwind With Allied Health Starts Wednesday 1:30pm –3:00pm Afternoon Tea and a self care activity each week with Huong and Diane. Creche available Rachel 0448 832 580	NEW MyTime Supporting Carers and Parents with a child under 18 yrs with a disability Thursdays (6 weeks) Starting 7th May MyTime is a place where you can unwind, and share ideas and experiences with others who understand.  Kerryn 0409 937 956	Fun with Food In the School Kitchen 0-4 years 10:00am - 11:00am Starting Friday (6 weeks) Come and explore different cooking activities with Jen and Rachel 17 Uraidla Ave, Salisbury North Prepare food with your child Learn ways to help your fussy eater Enjoy trying different foods each week! For more information call Rachel 0448 832 580
CaFHS Early Parenting Classes Starts Monday 4th May 12:30pm - 2:30pm (4 weeks) CaFHS offer Early Parenting Groups for parents/carers of babies from four weeks to four months of age . It's a great way to meet other families, share ideas and find out about other support available. Bookings: 1300 733 606 CaFHS Health Checks also available Mondays with Catherine	Learning Together Playgroup Starts Tuesday 28th April Tuesdays 0-4 years 9:30am -11:00am Kerriane 0417 138 870 & Trish 0402 893 773			

Other Services and Programs to help support your child.....

Food Relief
Pathways Community Centre
 (08) 8395 1881
Foodbank Deveron Park and Mobile HUB
 For a referral speak with Community Development Coordinator Rachel
 0448 832 580
Morella Community Centre
 Easy Feast Meal Packs
 (08) 8406 8484

Northern Food Hub Puddlejumpers
Monday nights 5pm - 8pm
Bagster's Road Community Centre
 Dinner, Fresh Fruit and Veg, Bakery & Tea/Coffee. Children's Activities





FOODBANK
AVAILABLE in Lake Windemere foyer



First Time Mothers Morning Tea
The HIVE Burton
Thursday 18th June
10:00am - 11:30am
Are you a first time Mother living with in the City of Salisbury with a baby under 12 months?
 Come and meet local services and other new Mums at morning tea.
FREE goodie bag and professional photo for each Mother.
For bookings call
Rachel 0448 832 580 or Cassi 0406 013 256

FREE Child Development Checks at Lake Windemere CC
 1-5 years old
 This check gives parents and caregivers an idea of how your child is progressing.
education.cdc@sa.gov.au



Inklings
Nurse Carmen is at Lake Windemere on Tuesday and Wednesdays
 Inklings is a program to support babies aged 6-18 months who are showing early differences in their social interaction and communication development.

Bookings: 1300 030 655

Paint the Farm REaD Sing and Rhyme Time at the Park
 Tuesday 5th May
 10:00am - 11:30am
 Bridgestone Reserve
 LT Playgroup will be at this event
For further info contact Sara 0497 302 389



Financial Counselling Meet Steve
Thursdays
 9:00am - 12:00pm
 Would you like help paying off debts or bills? Organising a budget? Food Support? Financial Stress?
ANGLICARE SA
Contact Anglicare for bookings 1800 759 707

Kindergym Novita
 Bagsters Road Community Centre
Wednesdays 10am- 12pm
Contact Novita 0448 792 817

Kudos
Visiting Learning Together Playgroups next term on Tuesdays
 Would you like to speak with a Kudos worker about your child's development and have questions?
Call Rachel to see when they are popping by in Term 2
0448 832 580

SATURDAYS
Kids, Blokes and Dad Jokes
10:00am—12:00pm
 A FREE playgroup for children and the significant blokes in their lives
Sessions held at Lake Windemere & Karrendi Primary School
Contact Shaun 0438 784 851

Parents Pathways
Are at The HIVE Burton
Thursday (fortnightly) 9.30am -2.30pm.
 April : 9th & 23rd
 May : 14th May & 28th May
 June ; 11th & 25th
7285 2300 or email parentpathways@dewr.gov.au

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Lake Windemere B-6 School

