





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (Group 2) 8:45am to 2:45pm	PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (G1) 8:45am to 11:45am PRESCHOOL (G2) 12:00pm to 3:00pm	PRESCHOOL (Group 2) 8:45am to 2:45pm
OCCASIONAL CARE Under 2's and over 2's 8:45am- 11:45am	OCCASIONAL CARE Over 2 years 8:45am- 11:45am	Laugh N Play 9:30am - 10:30am 0-4 years (6 weeks) Starts Wednesday 5th February Join Occupational Therapist Huong and Speech Pathologist Di from Allied Health. A supportive playgroup to meet varied learning styles, encourage curiosity & make community connections. Call Rachel for bookings 0448 832 580	OCCASIONAL CARE Under 2's and over 2's 8:45am- 11:45am Over 2's Only 12:00pm-3:00pm	MI-DBT Lives Lived Well Referral Process
Mini Wiggle with Mel Grierson 0-12 months (6 weeks) Starts Monday 10th February 9:30am - 10:30am Mini Wiggle is all about creating meaningful moments with your baby. Through the joy of music. Let's dance, sing, explore and connect. Limited Spaces Call Rachel for bookings 0448 832 580	Learning Together Playgroup Starts Tuesday 4th February Tuesdays 0-4 years 9:30am - 11:00am PLAY, SING & READ together in a fun, safe & supportive environment. Mel 0484 759 412	Bringing Up Great Kids 1:000pm - 2:30pm Starts Wednesday 19th February (6 weeks) Enhance communication with your child while learning to understand their behaviours. Call Rachel 0448 832 580	Community Connections Program Information Session Thursday 27th February Time on site: 9:30am - 2:00pm SUPPORT/ CONNECT/ COMMUNITY Community Connections provides short-term support and has a key objective of helping connect people to communities, social networks and services. 0436 367 458 or communityconnections@morella.org.au	Dental SA 31st March & 1st April Book below through the QR code  Check up, Teeth brushing, application of Fluoride, take home pack and findings For more information call Rachel 0448 832 580
CaFHS Early Parenting Classes Starts 17th February 12:30pm - 2:30pm (4 weeks) CaFHS Health Checks available at Lake Windemere on Monday mornings Appointments 0-5 years Call 1300 733 606	Learning Together Baby Playgroup with Mel Starts Tuesday 4th February 0-12 months 1:30pm - 2:30pm Exciting NEW baby playgroup Meet other Mother's in a safe, inclusive space. Mel 0484 759 412	Mumma's Me Time 9:30am - 11:30am Morning tea & fun!! February 20th - Goal Setting March 20th - Home Hair Creche available Cassandra 0448 792 817	 like us on facebook	Lake Windemere B-6 School Children's Centre

Other Services and Programs to help support your child.....

**Mobile FoodHUB
SALISBURY**
Monday's Fortnightly
Term 1 Monday 3rd February
The Grove Seventh-day
Adventist Church
**FREE Bread, Fruit & Veg &
low cost groceries.**
146 Frost Road,
Brahma lodge
(Back car park)
Open 10am - 12:00pm
Please present your referral
and ID on arrival
(Referrals can be written on site by
CDC Rachel)



**FOODBANK
AVAILABLE in foyer**



**Bagsters Road Community
Centre
Toy Library**
17 Bagsters Road,
Salisbury North

Toy libraries provide quality educational toys for loan which help parents and carers learn about the ages and stages of child development.

**Toy Libraries
AUSTRALIA**



**For more information call
8487 1830**

**Did you know we have a Community
Development Coordinator on site
Rachel?**

She can help you to join a group, get involved with community events learn more about child development, health, education and care, or, parenting and family support and connect with support services when needed.

**Pop in for a coffee and chat with
Rachel or give her a call on
0448 832 580**

Burton Community Centre

Join us for a fun-filled
Community Playgroup.
Perfect for parents, Grandparents, care givers and little ones to come together, play, and socialize. Let your kids enjoy interactive playtime while you connect with others in the community. It's a great way to make new friends and create lasting memories.

When: Thursday
(term time only)
Time: 10am – 11.30 am
Ages: 0-5 years
No Bookings required

**Northern Area Midwifery
Group Practise Clinic
Lake Windemere Children's
Centre**

Appointments can be made for Tuesday mornings and Thursday afternoons
Offering one to one midwifery care and birthing options.

Contact 8182 9000

**Financial Counselling
Meet Steve
Thursdays
9:00am - 12:00pm**

Would you like help paying off debts or bills? Organising a budget? Food Support? Financial Stress?

ANGLICARE SA

**Contact Anglicare for bookings
1800 759 707**

**Our Occupational Therapist
Huong & Speech Pathologist Di**
offer parent information groups, 1:1 appointments to chat about queries or child concerns & provide professional referral where needed for children.

Please call the centre on
8258 0666 for a confidential chat

**Northern Food Hub
Puddlejumpers
Monday nights 5pm - 8pm
Bagster's Road Community
Centre**

Dinner, Fresh Fruit and Veg, Bakery & Tea/Coffee.
Children's Activities

The Smith Family

Learning for Life provides families with opportunities to increase their child's success at school.

Financial support with costs related to education such as books, uniforms and excursions.



(Reception to year 7)
**Contact Erin: 0481 470 415 or
erin.wimshurst@thesmithfamily.com.au**

**SATURDAYS
Kids, Blokes and Dad Jokes
10:00am—12:00pm**

A FREE playgroup for children and the significant blokes in their lives

Sessions held at Lake Windemere & Karrendi Primary School



**Contact Shaun for more
information 0438 784 851**

