



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (Group 2) 8:45am to 2:45pm	PRESCHOOL (Group 1) 8:45am to 2:45pm	PRESCHOOL (G1) 8:45am to 11:45am PRESCHOOL (G2) 12:00pm to 3:00pm	PRESCHOOL (Group 2) 8:45am to 2:45pm
OCCASIONAL CARE Under 2's and over 2's 8:45am - 11:45am	OCCASIONAL CARE Over 2 years 8:45am - 11:45am	New Exciting Playgroup Exploring our Community Cultures Starts Wednesday October 23rd (6 weeks) 0-4 years 9:30am - 11:00am Join Huong, Razia & Rachel for a fun trip around the world. Activities, games, crafts, singing & more! For bookings call Rachel 0448 832 580 or Rachel.kenny2@sa.gov.au	OCCASIONAL CARE Under 2's and over 2's 8:45am - 11:45am Over 2's Only 12:00pm - 3:00pm	MI-DBT Lives Lived Well Referral Process
Oh Baby! Little baby, Big life change. Let's talk about it! With Melissa Grierson Mondays starts 14th October For babies 0-10 months old 1:00pm - 2:30pm Bring your baby, come as you are, and be welcomed to connect, chat and most importantly, tackle this parenting journey together. For bookings please call Rachel 0448 832 580	Learning Together Playgroup Starts Tuesday 15th October Tuesdays 0-4 years 9:30am - 11:00am PLAY, SING & READ together in a fun, safe & supportive environment. Mel 0484 759 412 Darell 0427242387	Our Occupational Therapist Huong offers parent information groups, 1:1 appointments to chat about queries or child concerns & provide professional referral where needed for children. Please call the centre on 8258 0666 for a confidential chat with Huong (OT)	Infant/Child First Aid Thursday October 31st 10:00am - 11:30am This session will cover the following: Allergies, Bandaging, Bites, Burns, choking, CPR, Head injuries, Rashes, Respiratory management / Asthma. Rachel 0448 832 580	FREE Child Development Checks Lake Windemere Children's Centre 0-5 years old This check gives parents and caregivers an idea of how your child is progressing. PH Karen: 0487 368 940
Find out more about the Kimochi's Program Monday 21st October 3:30pm - 5:30pm For more information call 8258 0666	MONDAY'S CaFHS Early Parenting Classes Starts 18th November (4 weeks) 9:30am - 11:00am (5 weeks) CaFHS Health Check Appointments 0-5 years 12:00pm onwards Call 1300 733 606	Mumma's Me Time 9:30am - 11:30am Morning tea & fun!! October 24th - Mechanics for Mums November 28th - TBA Creche available Cassandra 0448 792 817	Autism Community Coffee and Chat Friday 9:30am - 10:30am It is an opportunity to connect with other families and build a supportive network! Week 1 - 18th October Week 4 - 8th November Week 6 - 22nd November Week 8 - 6th December Kitchen Garden with Megan Primary Special Education Teacher, Autism Lead Teacher.	

Other Services and Programs to help support your child.....

**Mobile FoodHUB
SALISBURY**
Monday's Fortnightly
(Monday 22nd July week)
The Grove Seventh-day
Adventist Church
**FREE Bread, Fruit & Veg &
low cost groceries.**

146 Frost Road,
Brahma lodge
(Back car park)
Open 10am - 12:00pm
Please present your referral
and ID on arrival
(Referrals can be written on site)



Lake Windemere B-6 School
Children's Centre

**Bagsters Road Community
Centre**
17 Bagsters Road,
Salisbury North

Northern Food Hub - Puddle
Jumpers Come along and enjoy
fresh fruit and veg, bakery items,
tea and coffee and children's
activities!

**Mondays, 5pm to 8pm
PH: 8487 1830**

Bush Playgroup
Wednesday 23rd October
Carisbrooke Park
Main North Road, Salisbury
Park

10am - 1pm

Please join us for a fun morning of
exploring and adventure.

Please Bring: Hat & sunscreen,
water, snacks/lunch. Appropriate
clothing & footwear.

Link to book below:

[https://www.facebook.com/
share/1xJqSy7fwBcqT7kb/?
mibextid=9VsGKo](https://www.facebook.com/share/1xJqSy7fwBcqT7kb/?mibextid=9VsGKo)

Burton Community Centre
Join us for a fun-filled
Community Playgroup.

Perfect for parents,
Grandparents, care givers
and little ones to come
together, play, and
socialize. Let your kids enjoy
interactive playtime while
you connect with others in
the community. It's a great
way to make new friends
and create lasting
memories.

When: Thursday
(term time only)

Time: 10am - 11.30 am

Ages: 0-5 years

No Bookings required

**Northern Area Midwifery
Group Practise Clinic**
Lake Windemere Children's
Centre

Appointments can be made
for Tuesday mornings and
Thursday afternoons
Offering one to one midwifery
care and birthing options.

Contact 8182 9000

Financial Counselling
Meet Steve
Thursdays

9:00am - 12:00pm

Would you like help paying off debts
or bills? Organising a budget?
Food Support? Financial Stress?

ANGLICARESA

Contact Anglicare for bookings
1800 759 707

Kindergym

**Bagsters Road Community
Centre**

Wednesdays (school term)

10am - 12pm

For more information or to book
your place Call Cassandra

0448 792 817



All A'Board Tabletop Games
A men's community
boardgame group
3rd Friday of every month
6:00m -10:00pm

A place where men come
together to play board
games and make new friends.

**For more information or to
register your interest text
Shaun 0438 784 851**

SATURDAYS

Kids, Blokes and Dad Jokes
10:00am—12:00pm

A FREE playgroup for children
and the significant blokes in
their lives

Sessions held at Lake Windemere &
Karrendi Primary School



Contact Shaun for more
information 0438 784 851

