



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>PRESCHOOL</b> (Group 1) 8:45am to 2:45pm</p>	<p><b>PRESCHOOL</b> (Group 2) 8:45am to 2:45pm</p>	<p><b>PRESCHOOL</b> (Group 1) 8:45am to 2:45pm</p>	<p><b>PRESCHOOL</b> (G1) 8:45am to 11:45am <b>PRESCHOOL</b> (G2) 12:00pm to 3:00pm</p>	<p><b>PRESCHOOL</b> (Group 2) 8:45am to 2:45pm</p>
<p><b>OCCASIONAL CARE</b> Under 2's and over 2's 8:45am - 11:45am</p>	<p><b>OCCASIONAL CARE</b> Over 2 years 8:45am - 11:45am</p>	<p><b>OzHarvest NEST Cooking</b> Starts Wednesday 7th August 6 week cooking course 9:30am - 12:00pm Teaching about healthy eating and easy, affordable cooking in a friendly and fun environment. Cook a healthy meal and snack to eat for lunch. Limited creche available Rachel 0448 832 580</p>	<p><b>OCCASIONAL CARE</b> Under 2's and over 2's 8:45am - 11:45am Over 2's Only 12:00pm - 3:00pm</p>	<p><b>MI-DBT</b> Lives Lived Well Referral Process</p>
<p><b>Baby Massage</b> With Melissa Grierson Mondays starts 5th August For babies 0-10 months old 10:00am - 11:30am Our five-week Infant Massage Program offers a special chance for you and your baby to:</p>  <p><i>Bond and connect Learn from each other Enjoy precious moments together</i></p> <p>For bookings please call Rachel 0448 832 580</p>	<p><b>Learning Together</b> Playgroup Starts Tuesday 23rd July Tuesdays 0-4 years 9:30am - 11:00am PLAY, SING &amp; READ together in a fun, safe &amp; supportive environment. Mel 0484 759 412 Darell 0427242387</p>	<p><b>NATURE PLAY SPACE</b> August 15th Bunnings are coming to Lake Windemere Children's Centre to help us create the children's vision in our nature play space out the front of the centre.</p>  <p>We will be having an opening celebration of the new nature play area TBA</p>	<p><b>LITTLE KIDS AND BOOKS</b> Thursday 22nd August Thursday 5th September 10:00am - 11:00am 0-4 years Read, sing and play together as we foster a love for sharing and reading books, with our little ones. Receive a FREE copy of the book we read together!  Rachel on 0448 832 580</p>	<p><b>Dental for Schools</b> DFS will be visiting us on 31st July &amp; 2nd August Scan below and book ASAP</p>  <p>Check up, Teeth brushing, application of Fluoride, take home pack and findings</p>
			<p><b>Cost of Living Tips</b> With Steve from Anglicare Thursday 12th September 10:00am - 11:00am <b>ANGLICARE SA</b></p>	<p><b>MONDAY'S</b> CaFHS Health Check Appointments 0-5 years 9:00am onwards at Lake Windemere Children's Centre 1300 733 606</p> 

# Other Services and Programs to help support your child.....

**Mobile FoodHUB  
SALISBURY**  
Monday's Fortnightly  
(Monday 22nd July week)  
The Grove Seventh-day  
Adventist Church  
**FREE Bread, Fruit & Veg &  
low cost groceries.**

146 Frost Road,  
Brahma lodge  
(Back car park)  
Open 10am - 12:00pm  
Please present your referral  
and ID on arrival  
(Referrals can be written on site)



**WORDS  
GROW  
MINDS**

**Salisbury HUB**  
34 Church Street  
Tuesday 17th September  
10:00am - 2:00pm  
**FREE event for 0-5 years  
talk, play, read & sing**

Mem Fox  
Interactive Activities  
BBQ  
Facepainting  
Meet Bluey and Boobook  
specialist parenting workshops

Registration Eventbrite  
Opening Soon!!

**Man with a Pram**  
Sunday 1st September  
Father's Day Morning  
9:00am register  
9:30am - 11:00am  
**FREE event Carisbrook Park**  
BBQ, raffle, games, face  
painters and more

Man with a Pram brings fathers and families together on Father's Day for a walk and community event to combat isolation and bring community together. This year focuses on Perinatal mental health for fathers! We aim to bring forward state and national public dialogue through this event.



Registration Eventbrite

**Financial Counselling**  
**Meet Steve**  
**Thursdays**  
9:00am - 12:00pm

Would you like help paying off debts or bills? Organising a budget? Food Support? Financial Stress?

**ANGLICARE SA**

Contact Anglicare for bookings  
1800 759 707

**All A'Board Tabletop Games**  
A men's community  
boardgame group  
3rd Friday of every month  
6:00m - 10:00pm

A place where men come together to play board games and make new friends.

For more information or to register your interest text  
Shaun 0438 784 851

**FREE Child Development Checks**  
Lake Windemere Children's  
Centre  
Find out how your child is progressing  
PH Karen: 0487 368 940

**Northern Area Midwifery  
Group Practise Clinic**  
Lake Windemere Children's  
Centre

Appointments can be made for Tuesday mornings and Thursday afternoons  
Offering one to one midwifery care and birthing options.

Contact 8182 9000

**Mumma's Me Time**  
Lake Windemere Children's  
Centre

9:30am - 11:30am

Morning tea & fun!!

August 15th - Stretch & Sip  
September 19th - Terrarium Making

Creche available  
Cassandra 0448 792 817

**SATURDAYS**  
Kids, Blokes and Dad Jokes  
10:00am—12:00pm

A FREE playgroup for children and the significant blokes in their lives  
Sessions held at Lake Windemere

3/8 Building with Cardboard  
10/8 Cooking Pancakes  
31/8 Father's Day Party  
6/9 Movie Night  
21/9 Lawn Bowls - Bowls Club

Contact Shaun for more information 0438 784 851



Lake Windemere B-6 School Children's Centre

