

LAKE WINDEMERE B-7 SCHOOL CANTEEN PRICE LIST 2018 ' 2019 TERM 1

EVERY DAY ITEMS	
A Toasties ham & cheese	\$3.00
G Cheese Burger (lettuce & tomato)	\$5.00
G Garlic toasties	\$1.00
G Honey Soy Chicken & Rice	\$4.00
G Lasagne	\$4.00
G Macaroni & cheese	\$4.00
A Chicken Nuggets x 4	\$2.70
A Cup of Wedges -	\$2.80
*light sour cream 50c extra	
*sweet chilli sauce 20c extra	
G Chicken burger (with lettuce & mayo)	\$5.00
A Fish Fingers x 4	\$2.50
A Sausage Roll (sauce 10c extra)	\$3.50
A Pie (sauce 10c extra)	\$3.50
G Baked Potato with either	
*ham, cheese, pineapple	\$5.00
* the lot - ham, cheese, pineapple beetroot, sour-cream, coleslaw	\$6.00
A Mexican Nachos	\$3.50
G Vegetarian Fried Rice	\$4.00
A Ham & Pineapple Pizza	\$4.00
A Cheesies- AVAILABLE LUNCH ONLY	\$1.50
tomato, bbq or garlic sauce	
<u>Can be pre-ordered in the morning</u>	

DRINKS & SNACKS	
G Corn thins (cracker)	30c
A Fruit Muffins -Large	\$1.00
G Carrot sticks	50c
G Milo Custard	\$2.00
A Twin pack cookies	80c
A Jelly fruit cup	\$2.00
G Yoghurt	\$2.00
G Sultana's	20c
G Small popcorn	20c
G Piece of Fruit (seasonal)	\$1.50

WEEKLY SPECIALS	
<u>MONDAY</u>	
A Quesadilla	\$4.00
*Ham & Cheese	
*Chicken & Cheese	
* Tuna & Cheese	
<u>TUESDAY</u>	
A Roasted Chicken Wing Things x3	\$3.00
<u>WEDNESDAY</u>	
A Hot Ham & Cheese Roll	\$3.50
<u>THURSDAY</u>	
A Sweet Chilli Chicken Roll	\$5.00
with Lettuce & Mayo	
<u>FRIDAY</u>	
A Hot dog - *plain	\$4.00
*tomato, bbq sauce or mustard 20c extra	
*cheese 50c extra	
A 1/2 hot dog	\$2.20
Halal options available, please see canteen staff when ordering.	

Please use two separate bags when ordering hot and cold food.

DRINKS & SNACKS	
A Nippy's Flavoured Milk 375ml	\$2.50
G Flavoured Milk 250ml	\$2.10
A Juice box 250ml	\$2.10
G Water 600ml	\$2.00
A Hot chocolate	\$2.00
A Nippy's Fruit Juice Cup (Frozen)	\$1.00
G Up & Go Flavoured Milk	\$2.50
A Assorted Ice Creams from	\$1.00
G = Green category A = Amber category	
According to the Right Bite Strategy for	

FRESH SALADS/SANDWICHES	
G Salad plate- seasonal vegetables	\$7.50
pineapple & beetroot with either	
*crumbed fish or *sweet chilli chicken	
G Salad box-with either ham chicken or	\$6.50
tuna, with lettuce, cheese, cucumber,	
egg, & carrot	
G Little lunch box- sandwich with either	\$4.50
ham, cheese or vegemite with carrot sticks	
cucumber sticks & cheese cubes	
G Sandwiches	\$4.00
ham, tuna, curried egg, or chicken with	
lettuce, cheese & tomato.	
Extra's	.50c each
Vegemite	\$2.00
G Wraps	\$5.00
ham, tuna, curried egg, or chicken with	
lettuce, cheese & tomato.	
Extra's	.50c each
G Roll with lettuce, cheese, tomato & either	
tuna, chicken, ham, curried egg.	
Single Cut	\$5.00
Double Cut	\$6.00
Extra's	
cucumber, carrot, beetroot, gherkin,	
pineapple	



South Australian Schools and Preschools.



